

2.3 Help to Live at Home Commissioning Outcomes and Objectives

Outcome 1 - People are enabled to live as independently as possible in the community whilst experiencing the best quality of life within their abilities and capabilities

Objective 1.1	Preventing, delaying or reducing the need for care and support
Objective 1.2	Promoting people's health and wellbeing
Objective 1.3	Enhancing the quality of life of people with care and support needs
Objective 1.4	Ensuring that people have a positive experience of care and support
Objective 1.5	Safeguarding adults whose circumstances make them vulnerable and protecting them from avoidable harm

Outcome 2 - People are enabled to maintain / regain confidence via positive risk taking and acquire or re-learn self-care skills that prevent, delay or reduce the need for longer term support and hospital admissions

Objective 2.1	To help people regain or improve their ability to perform their usual self-care activities
Objective 2.2	To enable the person to regain or improve their confidence and self-esteem, acquire or re-learn skills and if necessary discover different ways of completing daily tasks
Objective 2.3	To enable people to lead lives which fulfil their personal aspirations, abilities, spiritual and emotional needs and to develop or regain connections in their local community
Objective 2.4	To help people recover from an illness or injury

Outcome 3 - To enable timely and effective discharge from hospital

Objective 3.1	People leaving hospital are assisted to be as independent as possible
Objective 3.2	People's potential for further recovery is maximised to prevent them from requiring more intensive support or moving into permanent residential care before they need to.

Outcome 4 - Helping Carers and their networks of support to carry on caring, safely and sustainably for as long as they wish:

Objective 4.1	To provide a range of co-produced options that enable carers and their networks of support to continue in their caring role.
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Outcome 5 - Supporting community resilience

Objective 5.1 To enable community inclusion, reduce loneliness and improve quality of life

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